

Project: ExSport Us
KA2 - Cooperation for innovation and the exchange of good practices
KA205 - Strategic Partnerships for youth
(2018-3-IT03-KA205-014806)

RESEARCH: SUMMARY AND RESULTS

The **ExSport Us Erasmus+ project** addresses the phenomenon of bullying among young people. The project focuses on using non-formal education and sport as tools of inclusive education in order to promote social inclusion. This project is a collaboration among Champions Factory (Bulgaria), Animam Viventem (Portugal) and L'Orma (Italy).

The aim of this questionnaire was to collect existing good practices from NGOs (with a focus on youth NGOs) and sport organizations to develop learning formats targeted at youth operators, to facilitate them in dealing with the wider social challenge of bullying, and to enable the achievement of knowledge, skills, and competences through an integrated approach of non-formal education and sport.

The survey consisted of following questions

1. In which country is your organization based?
2. Is your organization a:
 - a. governmental organization
 - b. non-profit, non-governmental organization
 - c. sport club/federation/organization
 - d. educational institution
 - e. other
3. Does your organization organize:
 - a. sport trainings/events
 - b. social events and activities
 - c. art and theatre events
 - d. other
4. Does your organization have an anti-bullying policy?
 - a. Yes
 - b. No
5. What forms of bullying have you witnessed in your organization?
 - a. physical
 - b. verbal
 - c. cyber
 - d. other
 - e. none
6. Is your organization familiar with non-formal educational methods?
 - a. Yes
 - b. No
7. Does your organization run or participate in projects/programs that deal with bullying and/or social inclusion?
 - a. Yes

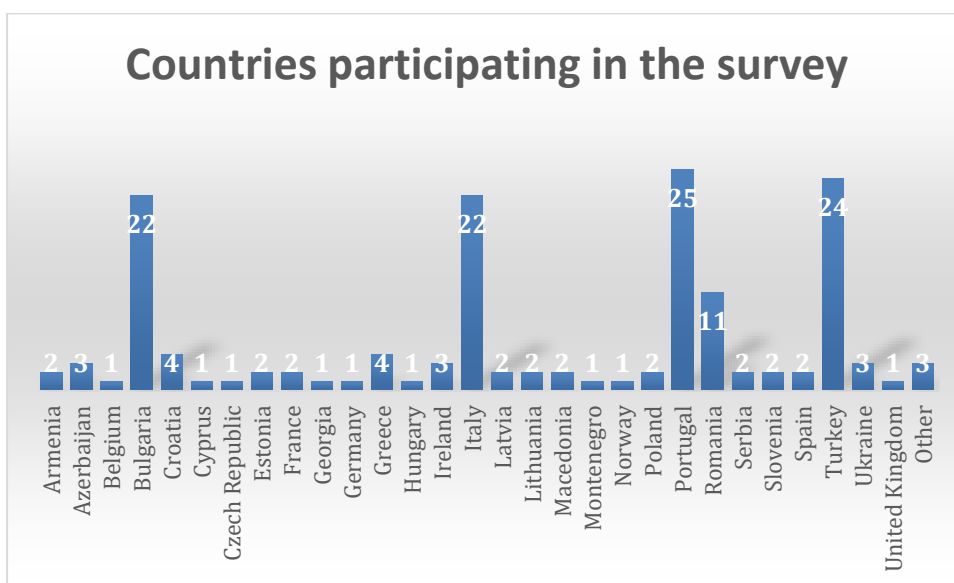
Project title:



Project number:
 Description of the project:
 Target group:
 Goals and achievements of the project:
 Website:

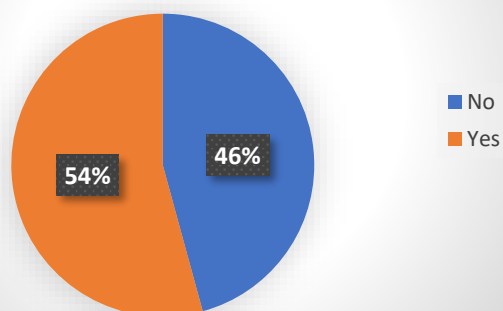
- b. No
- 8. Do the children/teenagers in your organization feel comfortable reporting bullying cases?
 - a. Yes
 - b. No
 - c. There is no data
- 9. In general, do you know about the existence of trainings/opportunities to develop staff knowledge on preventing/dealing with bullying and social inclusion? (If yes, please specify)
 - a. Yes
 - b. No
- 10. If you have any other comments or suggestions please provide details here.

Results obtained from the survey were analysed and following graphs were obtained:



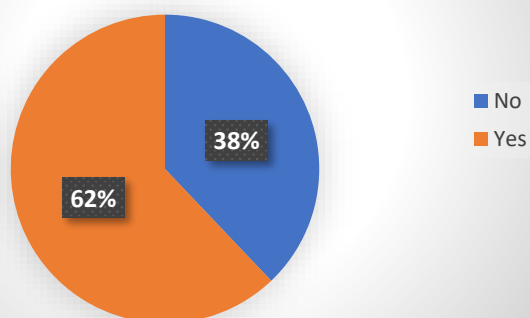
153 people from 30 countries took part in the survey.

Does your organisation have an anti-bullying policy?

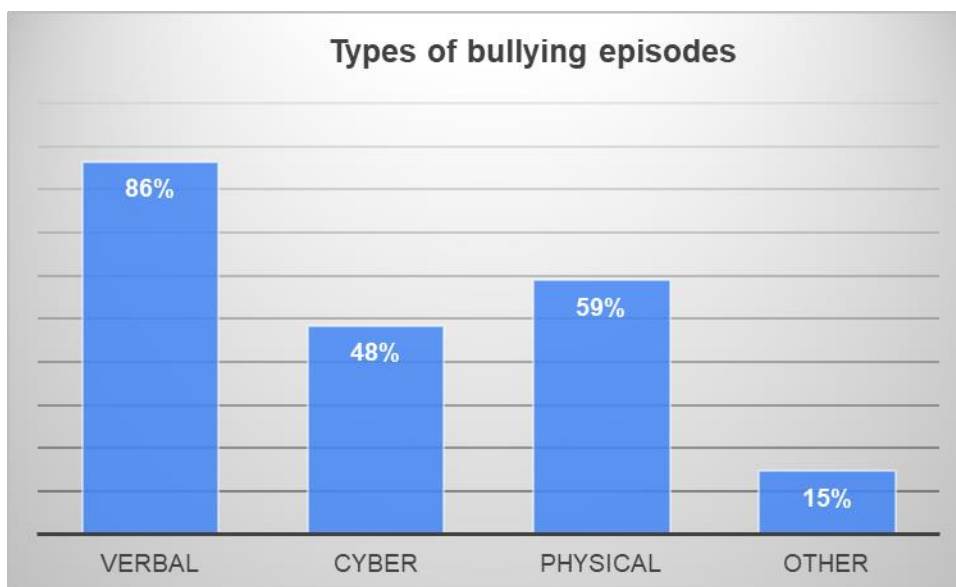


Among the participants more than half of them have an anti-bullying policy.

Have your organisation witnessed bullying episodes?



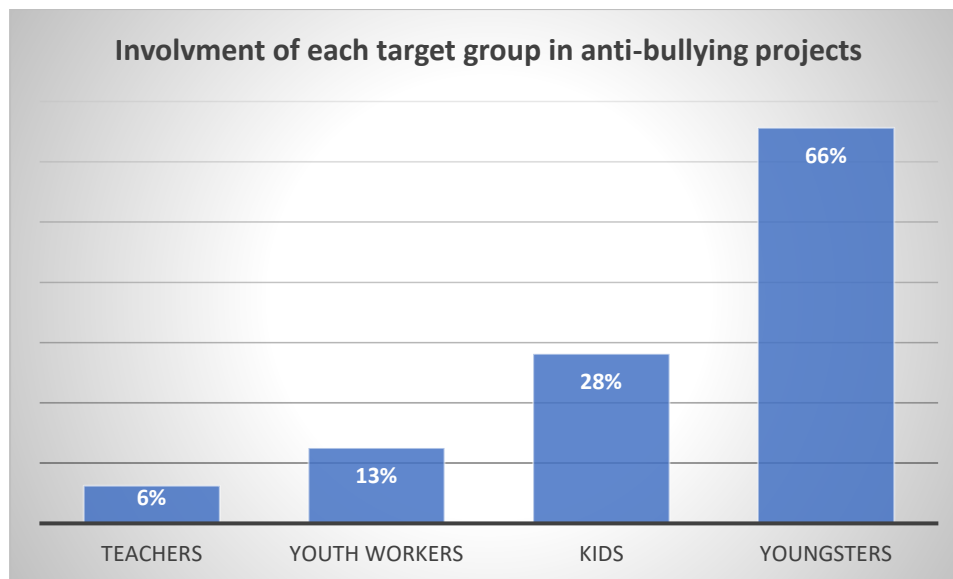
62% of organisations taking part in a survey have witnessed bullying episodes.



There are few types of bullying episodes among which the verbal one is happening the most often (86%).



21% of participants have projects connected with anti-bullying topic but just 19% of them include non-formal education and sport.



This graph shows involvement of each target group in anti-bullying projects. The group which is the most involved is youngsters.

In conclusion bullying is happening every day around us. 54% of the organisations taking part in survey have antibullying policy whereas 62% of them witnessed bullying episodes. Most of the bullying episodes are verbal (86%) and physical (59%) ones. 21% of the questioned organisations have projects connected with bullying topic where the most involved group is youngsters. The questionnaire proved the relevance of the project in today's world.